



Arts Therapies in Western Australia
ARTS THERAPY IN WA AND BEYOND
A Creative Exploration



The Western Australian
2011 ANZATA Symposium

14TH May

CECAT, Creative Expression Centre for Arts Therapy
Graylands Campus, Brockway Road
Mount Claremont WA 6010

PRESENTED BY:

ANZATA W.A. REGIONAL
Keeping in Touch

ARTS THERAPY IN WA AND BEYOND

A Creative Exploration

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North Metropolitan Area Health Service-Mental Health (NMAHS-MH).
CECAT Creative Expression Centre for Arts Therapy



Inquiries to Lynnette Beekwilder-Reid
ANZATA W.A Regional Committee
a.th.clinicalpractice@bigpond.com



An Invitation to Attend

The 'Keeping In Touch' team, Danita Walsh, Jan Telfer, Jackie Lewis and ANZATA committee representative Lynnette Beekwilder-Reid, who now form the ANZATA W.A Regional Group committee, have pleasure in presenting a one day Symposium on Saturday, May 14th, followed on Sunday the 15th by the midyear ANZATA committee meeting where, as usual, ANZATA members are welcome to observe.

Art Therapy in WA and Beyond Symposium offers presentations and workshops across a range of arts therapy practices and ideas; exemplifying art, dance, music, movement and drama therapies.

We welcome the presenters and visitors from interstate, New Zealand and Singapore who will join with our Western Australian colleagues for this exciting event.

The President of the Australian and New Zealand Arts Therapy Association Amanda Levey, and ANZATA Committee, take great pleasure in inviting arts therapists, psychologists, psychotherapists, counsellors, social workers, medical practitioners, teachers and education workers, and others who share our interest in the use the creative arts to foster well-being, to join us for this exciting symposium. We wish to extend our gratitude to the Creative Expression Centre for Arts Therapy (CECAT) and to the staff and the Graylands Campus for the use of their facilities. We also would like thank the North Metropolitan Area Mental Health Service and ANZATA for their support and funding assistance for this event. Finally we are extremely grateful to the ANZATA W.A Regional Committee, who have planned and organised this inspiring program of presentations and workshops.

Graylands Campus is W.A.'s largest and oldest psychiatric health facility in the metropolitan area and was established in the early 1900's. It is part of the North Metropolitan Area Health Service — Mental Health (NMAHS – MH), which is funded by the Health Department of W.A. CECAT is also managed under NMAHS – Statewide Services. Graylands Campus consists of multiple mental health services including an acute and long stay hospital, forensic hospital, community treatment centres such as CECAT, as well as research and educational centres. CECAT is now 42yrs old and is the oldest and largest arts therapy mental health centre of its kind associated with a mental health campus in Australia. It also has a second service located in the city: Reflections Art Studio (RAS).

The symposium will begin with a welcome to country by Noonga Elder Mrs May McGuire, and then features a choice of 16 presentations and workshops, concluding with an ANZATA committee open panel discussion. We look forward to you joining us.

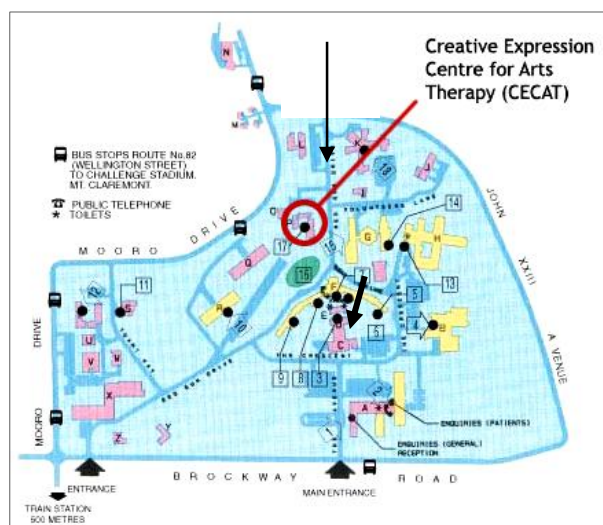


Location: CECAT is located on the Graylands Campus, Brockway Rd, Mt Claremont, This is about an hour from the domestic and international airports.

Closest accommodation is in the areas of Floreat, Claremont, Subiaco and Cottesloe. The Graylands Campus is in Mt Claremont and is about 30minutes from Perth City and Fremantle City.

CECAT is now 42yrs old and is the oldest and largest arts therapy mental health centre of its kind associated with a mental health campus in Australia. It also has a second service located in the city called Reflections Art Studio (RAS) WA.

For more info on CECAT and location map, go to: www.health.wa.gov.au/arttherapy/home/



Transport: Buses and trains travel close to Graylands Campus. Trains are a brisk 30 minute walk to Graylands. Take the Fremantle line from the city to Karrakatta or Loch Stations and walk west 30 mins to Graylands Campus. Or take the Perth city line and also get off at Karrakatta or Loch Stations. CECAT is located near the western end of the campus as sign posted. Free parking is available on site. Check Transperth for more information regarding bus lines. Buses stop on Mooro Drive, Brockway Road and JohnXX111 Avenue— all adjoining campus

Local sightseeing: Cottesloe Beach is a famous local beach well worth visiting as is the historic port city of Fremantle and Perth city on the Swan River. Other sites of interest include: Kings Park, the lovely botanical park on the hill with outstanding views of Perth City and the Swan River.

Swan River cruises are a lovely way to sight see along the river or a day trip to Rottnest Island from the ferries in the City or from Fremantle. Check out more information on the web about Rottnest Island which is located about 14 miles off shore from Rottnest.



Perth City & Kings Park

Time Table

8:00 - 8:30	Registration, Tea and Coffee
8:30 - 9:00	Welcome and Opening
9:00 - 10:00	Session One
10:00 - 10:30	Refreshments Break
10:30 - 12:00	Session Two
12:00 - 1:00	Exhibition Opening & Lunch Break
1:00 - 2:30	Session Three
2:30 - 3:00	Refreshments Break
3:00 - 4:30	Session Four
4:30 - 5:30	THE PANEL
5:30 - 6:00	Social drinks and Nibbles
7:00	The Naked Fig Restaurant

SUNDAY

ANZATA Committee meeting Gascoyne H'se Room 3. TBA

Welcome

Our Welcome to Country by Mrs May McGuire, a Noongar Elder, begins the day at 8:30 in Anderson Hall.

May was born in New Norcia and raised in Northam and surrounding areas. May is a descent of the Wadjuk, Yuad and Balladong nations, is a mother of 7 children, grandmother of 30 Grandchildren and has 11 great grandchildren. May has worked in the health industry since 1979 and is currently a board member of the Derbal Yerrigan Aboriginal Health Service.

As an acknowledgement of country, as conference delegates we show our respect and acknowledge the traditional Custodians of the land on which the ANZATA symposium takes place



Exhibition

The Art Therapy in WA and Beyond Exhibition will be opened by the CECAT Managers Danita Walsh and Elaine Murphy at 12 noon in the CECAT Tea Room Gallery.

We invite works to be contributed by anyone involved in the symposium. If you have works that you would like to exhibit please contact the committee at a.th.clinicalpractice@bigpond.com

Social Gathering

At the close of day, immediately after the PANEL we invite you to gather back at the **CECAT Tea Room Gallery** for reconnecting and networking with colleagues while enjoying drinks, finger foods and refreshments at 5:30

Restaurant beachfront dining at the Naked Fig

The Naked Fig Restaurant at Swanbourne beachfront for symposium participants offers a final chance to catch up with your colleagues for socialising and further stimulating conversation! This is self paid and needs to be noted on the registration form as seating is limited. The set menu is \$60.00 We can share transport and meet up at 7:00 at 278 Marine Parade Swanbourne.



ARTS THERAPY IN WA AND BEYOND SCHEDULE

5

8:00 Registration in the CECAT Foyer. Tea and coffee available.

8:30 Welcome to Country

Anderson Hall with Mrs May McGuire, a Noongar Elder.

8:45 The Opening of Art Therapy in WA and Beyond : A Creative Exploration

Anderson Hall with ANZATA President Amanda Levey

9:00 - 10:00 Session One

10:00 Refreshments in the CECAT Tea Room Gallery

10:30 - 12:00 Session Two

12:00 The Art Therapy in WA and Beyond Exhibition will be opened by the CECAT Managers Danita Walsh and Elaine Murphy at 12 noon in the CECAT Tea Room Gallery.

12:00 - 1:00 Lunch and refreshments will be provided and served from the CECAT shaded veranda . Ample seating and tables available

1:00 - 2:30 Session Three

2:30 - 3:00 Tea and refreshments

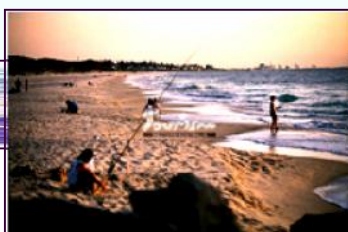
3:00 - 4:30 Session Four

4:30 - 5:30 The Open Panel Discussion in the Anderson Hall, by ANZATA committee members, offers an opportunity for questions and answers on current issues. This brings the day to a close at 5:30 for participants to meet again at the CECAT Tea Room Gallery.

5:30 CECAT Tea Room Gallery. A gathering for finger foods and drinks

7:00 The Naked Fig Restaurant at Swanbourne beachfront for participants offers a final chance to catch up with your colleagues for socialising and further stimulating conversation! The set menu is \$60.00

Acknowledgements: The WA Regional Committee sincerely thanks CECAT and staff and the Graylands Campus for the use of its facilities and the **NMAHS** North Metropolitan Area Mental Health Service for its support with this special regional event. We also wish to thank ANZATA for their support and funding assistance to present this exciting WA symposium.



CONCURRENT PRESENTATIONS AND WORKSHOPS

9:00 - 10:00 SESSION ONE

ANDERSON HALL

FIONA GARDNER

Making Progress:

A school based Art Therapy Program for year 11 & 12 students with an intellectual disability.

**CECAT
CERAMIC STUDIO**

PAULINE MARSDEN and MARY THOMAS

Who Am I Supposed To Be

**CECAT
PAINTING STUDIO**

JO KELLY

Interventions in the Art Therapy Encounter

GASCOYNE HSE

DENA LAWRENCE

Path With Art: Expressing Untold Kashmir

10:00 - 10:30 Tea & Refreshments Break

10:30 - 12:00 SESSION TWO

ANDERSON HALL

ADRIAN ZYGMUNT LANIA

Narradrama

**CECAT
CERAMIC STUDIO**

TARQUAM MCKENNA

Publish or Perish: A Picture Is Worth 1000 Words

**CECAT
PAINTING STUDIO**

FIONA FITZPATRICK

Visual Journaling: Where Words and Images Meet

GASCOYNE HSE

VIVIEN BEERE and SUE MADER

Black Swan Moments

12:00 -1:00 Exhibition Opening & Lunch Break



CONCURRENT PRESENTATIONS AND WORKSHOPS

1:00 - 2:30 SESSION THREE

ANDERSON HALL

MANUELA MACRI

Story making with children of refugee background

**CECAT
CERAMIC STUDIO**

Dr SUSAN MASON

Acrylic Paint on Hessian and Calico

**CECAT
PAINTING STUDIO**

TORIL PURSELL

Where the Twain Meet: From Art Therapy to Case Management in Foster Care

GASCOYNE HSE

MEGAN SHIELL

Art Psychotherapy, Dialectical Behaviour Therapy and Borderline Personality

2:30 - 3:00 Refreshments Break

3:00 - 4:30 SESSION FOUR

ANDERSON HALL

Dr DESPINA WESTON & OLGA FRAZER

Getting it Right: The uniqueness and challenge of setting up a successful private practice in the creative arts therapies

**CERAMIC STUDIO
CECAT**

MEGAN BOOTH

Working with our Strengths:
The Intersection Between Art Therapy and Positive Psychology

**PAINTING STUDIO
CECAT**

JOHN HENZELL

Masks and Gardens

GASCOYNE HSE

AMANDA LEVEY

Creating Ritual: Movement-based Intermodal Arts Therapy

4:30 - 5:30

ANDERSON HALL

THE PANEL

**AMANDA LEVEY MEGAN SHIELL Dr TARQUAM Mc KENNA
DENISE LONGMIRE ADRIAN ZYGMUNT LANIA**



Vivien Beere BA, MED, Cert Couns, Dip Art Th.ATTR

Sue Mader B.A. (Visual Arts) Textiles, M.A. Art Therapy, AThR

Black Swan Moments

Black Swans were once thought to be impossible and so was psychotherapy for those with severe mental illness. This presentation offers an overview of the development of the art therapy group program at Joondalup/Clarkson Community Health which has engaged several hundred participants over the last five years in art psychotherapy and studio arts. We will touch on the shared ethos with allied health colleagues, the development of a range of groups, some statistics and some of the challenges we have encountered. We will show with permission, some images of the art works of participants with unique cultural and personal stories who also journey with complex trauma and depression, psychosis, severe anxiety, and post natal depression. In the last half hour we will invite you to try a brief exercise used to offer containment and hope at the end of a block of sessions. We will ask you to consider your own hopes for the future of our profession.

Megan Booth BA FA.Dip Ed. Student of MAAT.

Working with our Strength : The Intersection Between Art Therapy and Positive Psychology

This workshop is designed to explore the potential for the intersecting between Art Therapy and the principals of positive psychology. Participants will be encouraged to identify and explore their own strengths as a spring board for art making that enables ones own well-being, and consider the potential of carrying out strengths based art making in art practice.

Fiona Fitzpatrick B,Ed. M,A (Art Th). ATR, Grad Dip Family Therapy

Visual Journaling: Where Words and Images Meet

A visual journal is a place to experiment, wonder, explore and dream. It is also a place to express, question, acknowledge and feel. Image making and personal writing are a unique combination of the two creative processes within a journal format.

This workshop will focus on the use of visual journaling; a process for enhancing personal creativity and self expression. Explore some simple visual journaling techniques and enjoy discovering new ways to reflect on your life.

Participants are required to bring the following;

- 2-3 assorted self photos on glossy photo paper (colour and black and white) head and shoulders and/or full length.
- *Blank paged journal,A4 or A5 no less than 190gsm*



FIONA GARDNER A FA(sculpture), Post Grad Dip Education(Sec), Cert 1V TAA, MATH, AThR

Making Progress: A school based Art Therapy Program for year 11 and 12 students with an intellectual disability.

The presentation will revolve around a slide presentation of the school context within which Fiona works and images of case material that she will speak about.

The presentation will explore

- The school context
- The process of the art therapy program and it's role within the school's the perceptions of the staff and students towards art therapy
- Sharing of case material
- Personal reflections
- There will be a brief drawing activity around art therapy in schools followed by questions and discussion

JOHN HENZELL

Masks and gardens: Starting point – two verses by the Portuguese poet Fernando Pessoa

The workshop stems from two short poems which suggest our multi-layered selves. Pessoa was deeply concerned with several alter egos who were as much him as himself, he wrote their biographies, gave them birthdays and published poetry by four of them, himself included. Through images and writing participants may reflect on, imagine and confidentially discuss other (maybe hidden) selves. 90 minutes is brief but time enough to reveal clues to further self-exploration and personal experiment.

JO KELLY (Art Therapy) AThR, Diploma in Counselling, MAIPC, QMACA, BEd(Hons), CertHlthProm(Open) Cert IV Workplace Training and Assessment

Interventions in the Art Therapy Encounter

The aim of my PhD study is to illuminate the experience of young people who have been identified in schools as having mental health problems and who become engaged in art therapy. It is anticipated that the investigation will shed light on why art therapy can be a successful intervention in these circumstances. The study also seeks to examine and clarify the role of the art therapist while engaging in the therapeutic relationship.



DENA LAWRENCE AThR. RMHN.

A Path With Art: Expressing Untold Kashmir

Dena is a registered Art Therapist and Registered Mental Health Nurse who has worked in mental health for twenty seven years. Dena created, developed the art therapy program at Hollywood Private Hospital and Clinic. She has designed and facilitated specific groups and workshops for those who suffer PTSD, grief and loss, depression, anxiety, eating disorders and addictions. Dena's presentation is of a community based art therapy project that she established and is developing in Kashmir India. This project provides workshops designed to provide art therapy for those who suffer PTSD, depression, anxiety and grief as a consequence of trauma from military occupation and deaths over the past 60 years.

AMANDA LEVEY BA(Hons)Psych, MAAT, Registered Psychologist, AThR

Creating Ritual: Movement-based Intermodal Arts Therapy

'Rites', says Antoine de St Exupery's fictional fox in "The Little Prince", 'are actions too often neglected. They are what makes one day different from the other days, one hour from the others.' A ritual, however simple, creates a border around an activity the way a frame does around a picture. It sets this activity apart from ordinary life in a way that emphasizes beauty and pleasure, ensuring that those who participate in it become more aware of its significance. Some social scientists claim that many of the difficulties people experience in contemporary life are because we observe so few rituals. However, it is not necessary to cling to rituals from another time that are no longer relevant, or to appropriate them from other cultures that are not our own. In this presentation, Amanda will use video footage and photographs to demonstrate and discuss her personal and collaborative work with colleague Rachel Grimwood in movement-based psychotherapy and its relationship to the practice of ritual. Participants will then be invited to explore the elements that commonly make up rituals and the possibilities of applying them to their current life and situation, and to their work with clients.

MANUELA MACRI

BA Theatre theory and practice, UWS. Grad Dip Expressive Therapies, MA Drama Therapy ECU

Story making with children of refugee background

By way of warm up Manuela will outline the experience of refugee children and the benefits of the story making process with them. There will be a presentation of two case examples; one of organic story making with a child, another using Alida Gersie's basic story structure with siblings. Manuela will explore the themes and conflict as expressed through the metaphors the children created.



Co-Presenters Ms PAULINE MARSDEN BSW, MA, ATh, MATS
Mrs MARY THOMAS B. Ed

Who am I supposed to be? Enabling gifted students to develop a sense of identity in relation to the whole self through the use of arts therapy.

This presentation will explore the benefits of a program that uses arts therapy for working therapeutically with gifted children. The presenters will outline the development of their program and the range of activities they have implemented. They will provide examples of the student's art making that enhanced their ability to accept themselves, be proud of their uniqueness and develop skills to negotiate the social world. As a result, participants will have the opportunity to expand their understanding of the complex social and emotional challenges faced by gifted primary school students.

Dr SUSAN MASON
B.A,(Art)M.A,(Art Th) (ECU)PhD (Curtin U)M,PACAFA. M,PACAWA. M,IEATA AThR

Acrylic Paint on Hessian and Calico

The carefully crafted therapeutic activity will be an opportunity for participants to reflectively and collaboratively engage through action and dialogue while working around an agreed community theme; such as how do we build sustainable pathways to improve lifestyles and health.

Dr TARQUAM McKENNA BEdTasCAE, PGradDipDramaEd NewcastleUK, MEdSt Tas, MA HolyNamesC, PGrad DipArts, MA ECowan, PhD WAust, AThR

Publish or Perish: a Picture is Worth a 1000 Words

This one and a half hour presentation will address how ARTS THERAPIES publication protocols mainly in Australia are currently constructed and the contestation that occurs for researchers and academics who want to publish in the field. The adage 'a picture is worth a thousand words' drives this conversation. What happens in arts therapies in Australia when it comes to publication? We will make pictures to describe our 'word' privileged word. The workshop will address the current Australia ERA (Excellence in Research Australia).



TORIL PURCELL BA, (Art&Anth) MA(ATh)AThR

Where the Twain Meet: From Art Therapy to Case Management in Foster Care

As an Art Therapist, a personal and professional transition was made to meet the requirements of being a case manager in foster care.

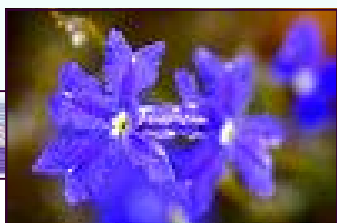
This workshop will:

- Review similarities and difference between art therapy and case management.
- Focus on skills that can be carried across the two fields.
- Make observations about working within the Foster Care System.
- Images demonstrate how art making can be relevant to case management and function as self care, particularly in a section with high levels of trauma, disruption and change.

MEGAN SHEILL MA(ATh), AThR

Art Psychotherapy, Dialectical Behaviour Therapy and Borderline Personality Disorder.

In this presentation I will share with you some of my work using Art Psychotherapy to enhance the learning of some of the skills of Dialectical Behaviour Therapy (DBT). DBT was designed by Dr Marsha Linehan Ph.D from the University of Washington to help sufferers of Borderline Personality Disorder learn skills to cope with the symptoms of their disorder. I have designed an 8 week program which includes some of the most helpful skills of DBT and I have incorporated art psychotherapy as a way of learning these skills in a visual, experiential way. In this presentation I will concentrate on the development of a program that can give a short term intervention of a 3 week skills based program using Mindfulness practice, distress tolerance and emotional regulation. We will see examples of how imagery can assist in learning these skills and an experiential section of the presentation will enable participants to gain a personal insight into the value of art psychotherapy in this kind of intervention.



Dr DESPINA WESTON & OLGA FRAZER**Getting it right: The uniqueness and challenges of setting up a successful private practice in the creative arts therapies**

What's involved in setting up a successful private practice? The art of bringing together the raw materials, practicalities and complexities of running a successful private practice in the unique fields of the creative arts therapies. How do we promote our specialty, our difference, and our common ground not only within the wider therapeutic community but also to the general public? How do we survive in private practice?

This thoughtful experiential presentation will engage you to expand your views about what is a successful private practice and how to create one.

ADRIAN ZYGMUNT LANIA

MA.Psy., Dip.ArtsTh., Dip.Ed., Ph.D. Candidate (UWS) MAPS, AthR

Narradrama

Dramatherapy as well as other expressive arts therapies are:

“the systematic and intentional use of drama/theatre [arts] processes and associations to achieve the therapeutic goals of symptom relief, emotional and physical integration and personal growth.”

In this sense, arts/drama therapies has become a counselling tool which is starting to be recognised throughout the school community.

I define the dramatherapeutic interventions with the focus on the outcomes of the process so that I can use various dramatherapeutic [arts] methods, e.g. developmental transformations, narradrama, role play, drawing, painting, sculpture or games as a means to achieve goals that are in the line with school counselling directives.

I will present 8 simple and practical steps to address student's needs. I will also give a samples of ready to use arts excercises to develop each step further.



VIVIEN BEERE BA, MED, Cert Couns, Dip Art Th.ATTR

Vivien was a pioneering art therapist in New Zealand until moving to Western Australia ten years ago. She has extensive experience as an Art therapist in agency, private practice, forensic, acute and community mental health settings and has presented at workshops and conferences internationally since the early 1990s. She and Sue Mader have developed an art therapy program as part of a Recovery based day Therapy Program in public Community Mental Health in the North of Perth over the last five years.

SUSAN MADER, B.A. (Visual Arts) Textiles, M.A. Art Therapy, AThR

Sue is a registered Art Therapist and Visual Artist (Textiles) whose work has been exhibited locally and nationally. She conducts workshops for community based organisations and has worked in Community Mental Health settings for 14 years. Sue is currently working with Vivien Beere in the Art Therapy Programme at Joondalup Clarkson Community Mental Health.

MEGAN BOOTH BA FA.Dip Ed. Student of MAAT

Megan is a visual artist, visual arts teacher, conference presenter and a member of the ANZATA art therapy into schools education sub committee 2009-2011. Trainee Art Therapist at VWS currently in the Master of Arts Therapy course (Co-ordinator Sheridan Linnell), Co-Founder of the Hollyhox Positive Resources (presenting at conferences nationally and internationally on Positive Psychology), Visual Arts teacher at Hornsby Girls School. Practicing artist.

FIONA FITZPATRICK B,Ed. M,A (Art Th). ATR, Grad Dip Family Therapy

Fiona has been working as an art therapist for the past twelve years, primarily with cancer survivors in a journey which has been inspirational and heart felt. This work is balanced with the immense satisfaction of writing and image making in a journal. Fiona also teaches regularly at the centre for continuing education, at Sydney University, introducing people to the benefits of art making in enhancing health and well being.



FIONA GARDENER: BA FA(sculpture), Post Grad Dip Education(Sec), Cert 1V TAA, MATH, AThR

Fiona has practised and exhibited as an artist. She has been teaching since 1990, during which time she completed her Art Therapy Masters degree, graduating in 2001. Fiona has been running the art therapy program at the school where she works for the past two and a half years. Her previous art therapy experience revolved around work that was ongoing from her Master's practical placement at the Mill Street Clinic in Bentley, working in the adult outpatient clinic and the adolescent inpatient unit as an art therapist one day a week in each.

JOHN HENZELL

One of Australia's first art therapists before working in Britain's NHS. Founding member of the British Association of Art Therapists, the first such organisation recognised by a national government. Has taught, lectured, and consulted in universities in several countries, leading courses in Britain and most recently at Edith Cowan University. Author of numerous chapters, articles and papers

JO KELLY MMH (Art Therapy) AThR, Diploma in Counselling, MAIPC, QMACA, BEd (Hons), CertHlthProm(Open) Cert IV Workplace Training and Assessment

Jo is a qualified teacher, trainer, counsellor and art therapist and have lived and worked all over the world. Her recent experience is case management in the area of disability and intensive case management working with young parents and those with mental illness, mainly for not-for-profit organisations. She is developing her own art psychotherapy business as well as delivering training in the field of youth mental health. Her private clients are referrals from the Department of Child Safety, working with children in care. Jo has presented at the Inaugural Tapestry of Trauma Conference in November 2009 in Brisbane and also at the 5th International Interdisciplinary Social Science Conference at Cambridge University in August 2010 with her paper has been peer reviewed in international journals. Jo Kelly is also a practicing and exhibited artist with many sales to her credit.



DENA LAWRENCE AThR. RMHN. Registered Art Therapist (Masters of Arts.Art Th).

A registered mental health nurse who worked in Mental Health for twenty seven years, employed at the Hollywood Hospital for the past seventeen years, she created, developed and implemented the Art Therapy Program there in the Hollywood Clinic. Dena has designed and facilitated groups and workshops for those who suffer PTSD, grief and loss, depression, anxiety, eating disorders and addictions.

AMANDA LEVEY BA(Hons)Psych, MAAT, Registered Psychologist, AThR

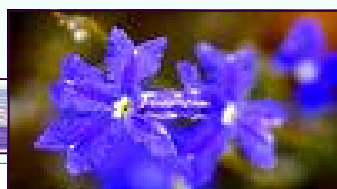
Amanda Levey gained her psychology degree from the University of Melbourne, and did extensive training in the USA in the Halprin Method, an integration of movement/dance, visual arts, performance techniques and therapeutic practices. She gained her MA Arts Therapy at Whitecliffe College of Arts and Design investigating the use of video as an artistic and therapeutic medium. She is a registered psychologist and a movement-based expressive arts therapist, and has a private practice. Amanda has presented at conferences and symposia in Australia, New Zealand and Singapore and is currently the president of ANZATA, and the Director of the MAAT (Clinical) programme at Whitecliffe College.

MANUELA MACRI**BA Theatre theory and practice, UWS. Grad Dip Expressive Therapies, MA Drama Therapy ECU.**

Manuela has worked in Tanzania using drama therapy with former street children, has two years experience in drug and alcohol rehabilitation, as a counsellor and group facilitator, currently working with ASeTTS, in Perth, as a counsellor/Advocate using drama therapy processes when suitable with clients of refugee background.

DR SUSAN MASON BA(Art), MA(Art Th) (ECU), PhD (Curtin U), MPACAWA, MIEATA, AThR

Susan has worked since 1997 as psychotherapist and art therapist in private practice. She also has experience as a trainer and educator for art therapists in post graduate art and social work programs. After earlier pioneering art therapy with Aboriginal people for several years she went on to work in a number of other Art Therapy group projects such as in the women's prison, then with both men and women in rural domestic violence programs and in case work consultancy for child sexual abuse. She recently extended her art therapy practice overseas, including in cross cultural University psychology training and private practice with clients in Malaysia.



BIOGRAPHIES

PAULINE MARSDEN BSW. MA(ATh), MATS, AThR *presenting with Mary Thomas*

Pauline is a Social Worker and Art Therapist with a Masters degree in Theological Studies. For the past 10 years she has worked in Catholic Primary Schools providing a social work service that incorporated art therapy to the whole school community. She works with individuals in small groups and with whole classes. Prior to this Pauline was a Lecturer in Social Work at Curtin University and Art Therapy at Edith Cowan University. She is a past President of ANATA. Through her consultancy service she has provided conference presentations, courses and workshops to a variety of Government and Non Government agencies such as Casuarina and Hakea Prisons, the WA AIDS Council, Vietnam Veterans, Ruah, Mercy Services and the Department of Child Protection.

MARY THOMAS BEd

Mary has extensive experience as a Teacher and Coordinator of the Gifted and Talented Program at St Simon Peter Catholic Primary School. Mary has developed a Gifted and Talented school policy and implements a program for gifted students from Kindy to Year 6.

Dr TARQUAM McKENNA BEdTasCAE, PGradDipDramaEd Newcastle,UK, MEdSt Tas, MA HolyNamesC, PGrad DipArts, MA ECowan, PhD WAust, AThR

Assoc Professor Tarquam McKenna works in the school of Education at Victoria University, Melbourne as the Coordinator of Research. He has been working with arts psychotherapists and educators using creative processes and psychotherapies as primary focus all of his life. He was part of the supervision team up until its closure.

TORIL PURSELL BA, (Art&Anth) MA(ATh)AThR.

Toril Pursell is a registered Art Therapist based in Sydney, Australia where she worked as a Case Manager in foster care. Torill's professional experience is in adult mental health, assisting refugees, torture and trauma survivors and working with at-risk youth. She has developed creative community programs, working in child advocacy and in art education. Toril has presented workshops in Sydney, Singapore and New Zealand and published in ANZJAT 2010.

Exhibit at Sculptures by the Sea by local WA artist Ngardarb Francine Riches, on Cottesloe Beach
Artist with her works at Djugun Tribal Creations, Broome



MEGAN SHEILL MA(ATh), AThR

Megan Shiell is founder of Expressive Therapy Clinic. She is a registered Art Therapist. She was immediate past President, and is now Vice President of ANZATA (Australian and New Zealand Art Therapy Association). She works as a consultant to a Private Hospital in Bronte NSW called Sydney Clinic and also works in Private Practice in Sydney Australia. For the past 6 years Megan has been developing and facilitating various programs using Art Psychotherapy as an experiential component in the teaching of Dialectical Behaviour Therapy in the treatment of patients who suffer the traits of Borderline Personality Disorder. Megan has completed intensive DBT training in Newcastle. Megan now runs 4 DBT based programs at Sydney Clinic and has found the two pronged approach of using creativity and DBT together has helped DBT clients achieve a greater understanding of their behaviours and emotional wellbeing which then enables an integration of knowledge and skills that was previously not possible for them. Megan has published an article on this subject in the 2nd Edition of ANZJAT. Megan has previously presented at Conferences in Australia, New Zealand and Singapore.

**Dr DESPINA WESTON: PACFA Reg, AThR, Adv. Training in Supervision
Assos Des, Dip Teach, P.G. Dip (Couns), MA (ATh), DCA (Grief & Loss)**

**OLGA FRAZER: PACFA Reg. AThR, ATR (USA), Cert. Supervision
BA, Post Grad Dip, MA (ATh), Certified Imago Relationship Therapist AIRTA**

Despina Weston and Olga Frazer are registered Art Psychotherapists, Counsellors, Supervisors, Artists and Educators in private practice with over 40 years collective experience. They work with Adults, Adolescents and Children, Individuals, Couples, Families and Groups traversing the areas of mental health and the arts to enhance well-being. They provide both short and longer term therapy in dealing with grief, loss, trauma, conflict, anxiety, self-esteem, attachment, and relationship issues. Their styles to therapy and practice are diverse yet similar encompassing creative arts therapies, narrative, psychodynamic psychotherapy and systems approaches.

1 Mungart Boodja Art Centre, Katanning 2 Indigenart Aboriginal Art Gallery in Subiaco
3 Kodja Aboriginal Interpretive Centre in Kojonup 4 Aboriginal artist Marietta Bray, from Warmun



ADRIAN ZYGMUNT LANIA MA.Psy., Dip.ArtsTh., Dip.Ed., Ph.D. Candidate (UWS)
MAPS, AthR, reg. psychologist/school counsellor/dramatherapist.

Adrian was born and educated in Wroclaw, Poland. He is a psychologist and dramatherapist. Adrian arrived in Sydney in 2004. Since then he has been working with children and adolescents at schools in Sydney South West Area. Adrian is the co-leader of an Introductory and an Advanced Dramatherapy Courses, run by the Dramatherapy Centre. He enjoys working experientially within the safe structure of the therapeutic process. In 2006 he created together with Joanna Jaaniste a documentary DVD: "Going Birco", which was about the use of dramatherapy within the school setting (see ANZATA Newsletter 2007).

Also since 2006 he has been made a performing member of Sydney Playback Theatre Company. Currently Adrian is enrolled in PhD research course at UWS.

How to register to attend the symposium

Print out the registration form on page 20 of this PDF

Complete and post to

ANZATA Symposium Convenor,

P.O box 2064, Ashton Street, Claremont Nth. 6010 W.A.

Include a cheque or postal money order made out to

ANZATA .W.A. Symposium.

SEATING IS LIMITED



ARTS THERAPY IN WA AND BEYOND

REGISTRATION FORM

Name please print

Address.....

ANZATA Member

Non Member

Student

Presenter

Email Phone/mobile.....

Registration fee paid... \$..... Cheque or postal money order

Submitting art work/s ? YES *We will contact you .* **NO**

Please number, in the boxes below, your 1st, 2nd & 3rd choices for each session

9:00 - 10:00 Session 1	Fiona Gardner Making Progress	Pauline Marsden & Mary Thomas Who am I supposed to be.	Jo Kelly Half hour session Interventions in the Art Therapy Encounter	Dena Lawrence A Path With Art
10:30 - 12:00 Session 2	Adrian Zygmunt Lania Naradrama with Students	Dr Tarquam McKenna Publish or Perish	Fiona Fitzpatrick Visual Journaling	Vivien Beere & Sue Mader Black Swan Moments
1:00 - 2:30 Session 3	Manuela Macri Story making with children of refuge background	Dr Susan Mason Acrylic Paint on Hessian and Calico	Toril Pursell Where the Twain Meet	Megan Sheill Art Psychology DBT,BPT
3:00 - 4:30 Session 4	Dr Despina Weston & Olga Frazer Getting it Right	Megan Booth Working with our Strengths	John Henzell Masks and Gardens	Amanda Levey Creating Ritual

**4:30 -
5:30**
PANEL

Anderson Hall. PANEL OPEN DISCUSSION

Amanda Levey... Anzata future directions.
Megan Shiell ... National Registration, Private Health Insurance and Public face of the Profession
Dr Tarquam McKenna .. Board Credentialing in the International area
Denise Longmire... Isolation-sole practice
Adrian Zygmunt Lania .. Raising the dramatherapy profession in Australia and pioneering work of ANZATA

ATTENDING the Panel ?.....

Food preference e.g. Vegetarian.....

5:30 - 6:00 Social drinks at CECAT Attending? Yes.....No

7:00 Naked Fig Restaurant (\$60) Attending? Yes.....No

REGISTRATION FEES	
Professional member	\$100.00
Non member	\$120.00
Student	\$75.00
Presenter	\$50.00
Interstate presenter	Gratis